



**Cancer
Council**
Queensland

Techniques to tie scarves

ESA Wig and Turban Service

**Practical
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information**

Cancer Council Helpline 13 11 20
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Tips when tying and wearing scarves

The following pages illustrate different ways to tie scarves.

- You may wish to experiment with scarves in different fabrics and sizes.
- To help keep scarves securely in place, try wearing a stretchy headband underneath, to which you attach double sided tape.
- The scarf can then be worn over the headband, and held in place with tape.

Tips when wearing turbans

You can individualise the look of your turban, and accentuate colours in your outfit, by adding a suitably coloured and patterned scarf.

- Take an oblong scarf (a soft scarf made of chiffon works particularly well) and twist it into a rope. Place the scarf around the head, over the turban. The scarf can then be tied at the side or back of the head, with the tails hanging down or tucked in as preferred.
- To add some height at the crown of the head, place a shoulder pad under the turban, on the crown. You may wish to attach the shoulder pad to the turban with double sided tape, to prevent it from slipping.



Scarf Clips

A well made scarf clip actually contains three parts:

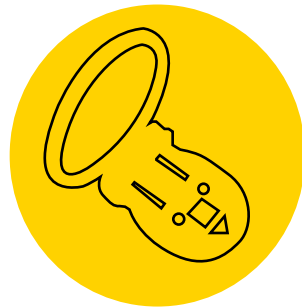
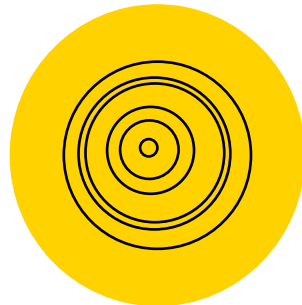
1. The decorative face which looks like a brooch or button

Some scarf clips have a solid or closed face, some have openings. Most scarf designs can use either type of clip.

2. The spring action hinge which holds your scarf design securely

3. The loop or ring through which the scarf is passed.

To prevent damage to your scarves, this loop must be smooth.



Tip

To achieve beautiful scarf designs, learn how to use the scarf clip. The easy secret to a scarf clip is all in how you hold it. See the pictures and instructions on the following pages.



Technique 1



- Place an oblong scarf around your head.
- Take one panel behind your head.



- Tie a knot at your ear.

- Using two fingers as a guide twist one panel into a rope and wind it around the knot.
- Twist the other panel into a rope and also wind it around the knot.



- Secure the knot with a hairpin.
- To achieve a full head covering, use a stretchy scarf.
- Separate the folds and bring to the knot.
- Tuck into the knot and secure with hairpins.



Technique 2



- Take a large square scarf and fold it into a triangle.
- Place the folded edge on your forehead.



- Take the twisted ends to the back of your head and tie a secure knot.

- Take a second scarf and twist it into a rope.
- Place it around your head and tie a knot at the back.



- Tuck in the end and then spread out the end of the triangle.
- Roll and tuck the end around the knots.





Technique 3



- Fold a medium or large square scarf into a triangle.
- Place the folded edge on your forehead just above your eyes.

- Bring the side panels to the back of your head and take the folded edges in one hand.
- Pinch the folded edges together and push the pinch down through the loop of the clip.



- Separate and spread each fold to form a bow.

- Close the clip.





Technique 4



- Fold a medium square scarf into a triangle.
- Place it on your head with the folded edge at the front.



- Take one of the panels behind your head and with both ends in one hand, put the ends down through the loop of your scarf clip.

- Slide the clip up the scarf ends until the scarf is snug on your head.



- To complete a 'pirate's cap' follow the steps above.
- Open the clip, then bring the back panel forward and put it down through the loop of the scarf clip.



- Close the clip again.
- Spread each panel separately and smoothly.



For support and information on cancer and cancer-related issues, call Cancer Council Helpline. This is a confidential service.

For further information and details please visit our website: www.cancerqld.org.au



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