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Queensland

Turban Patterns

ESA Wig and Turban Service

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Turban Patterns

A turban head scarf is a traditional head covering that has many uses, including being adopted for wear by individuals experiencing hair loss as a result of their cancer treatment. Colorful fabrics in patterns or solids make a great turban, and often traditional ethnic turban scarves can be made in fabrics that have personal meaning to them. Regardless of the style or use, a turban is one of the simplest types of head covering to create.

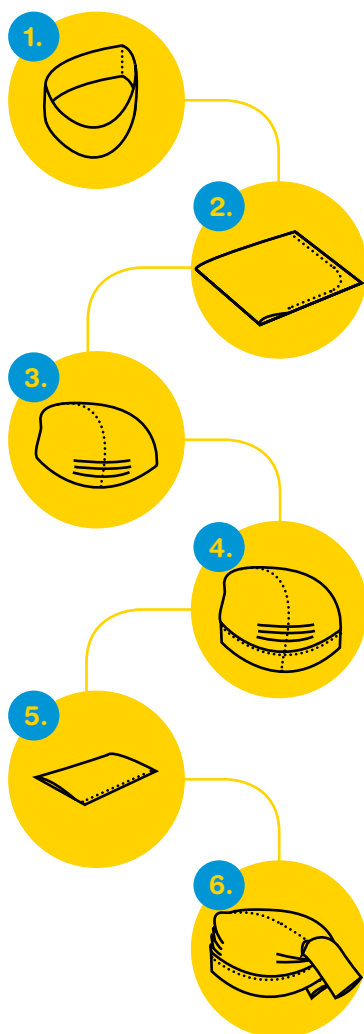


Pattern 1



Pattern 2

Pattern 1



Please note that the size of the finished turban pattern will be determined by amount of stretch in the material used. You may need to alter measurements to suit your fabric. This is particularly important where the length of the band is concerned.

You may wish to try the length of the band around your own head to check it's the right fit for you before assembling the turban.

This turban is simple to make and does not require an overlocker.

Cutting

Cut all pieces across the width of the fabric.

A cardboard template may make it easier to cut out the fabric.

Size	Medium
Turban	55cm x 22cm
Band	51cm x 12.5cm
Tab	12.5cm x 10cm
Seam Allowance	1.5cm

1. Stitch ends of band sides together. For best results stitch with a straight stitch and then open seam. Fold band lengthwise with wrong sides together.

2. Fold turban in half with right sides together. Stitch from back to 2.5cm from front. Fold rounding corner as per template.

3. Open seam allowance and pin three tucks approximately 2cm deep at back of turban.

Stitch in the ditch of the seam to secure these tucks.

Alternatively you can gather the same length of seam, approximately 6cm, instead of making tucks.

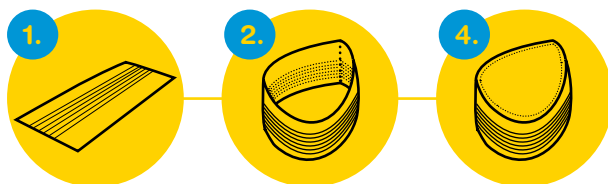
4. Stitch band to turban matching back seams and centre front.
5. Fold tab in half with right sides together. Stitch. Turn the tab right side out and centre seam on underside.

6. From the outside slip tab through the opening in front seam of turban. Stitch ends of the tab wrong sides together then stitch this seam to centre front seam allowance.

This connection will prevent any see through gap between the tab and the turban and can be done with hand stitching.

7. Arrange fabric into loose tucks through tab.

Pattern 2



Cutting

Draw a circle onto thin card with a diameter of 18cm (7").

Cut out a single circle of fabric using this traced pattern.

Cut out single rectangle of fabric 26cm x 53cm (10½" x 21")

1. On the right side of the rectangle, mark out six tuck positions. The first, 6cm (2½") from the edge to form the hem, and then five more 2½cm (1") apart with a marking pencil. Mark the hem end.
2. With the right sides together, join the back seam with a 6mm (¼") seam.
3. Turn to the right side. Sew tucks using the machine foot as a guide.
4. Use pins to halve then quarter the length of the tucked piece, and also around the diameter of the circle. Match the pins when joining the two pieces with a 6mm (¼") seam.
5. Turn hem under on the first tuck, pinning on the right side. With the right side uppermost, sew hem on the stitching line of the second tuck. Trim away excess hem fabric close to the stitching line.
6. At the back seam, sew tuck four to six for 5cm (2") either side of the seam.

For support and information on cancer and cancer-related issues, call Cancer Council Helpline. This is a confidential service.

For further information and details please visit our website: www.cancerqld.org.au

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